

# Inspiration Forum

*A platform for thinking  
about the contemporary world*

[inspirationforum.com](http://inspirationforum.com)

The Inspiration Forum is a platform of the Ji.hlava International Documentary Film Festival for thinking together about the contemporary world. For thirteen years, we've been bringing urgent questions about the shape of our societies into the public space and seeking ways to make the world a fairer and freer place.

This year's discussion platform, which ran from 24 to 29 October 2023, asked how the world can be changed through water, what it means to be part of a community, what impact the advent of artificial intelligence will have on our lives, how to eat sustainably and locally, and what we can learn about life and Earth's crises from space.



**“What I take away from the programme is an interest in the philosophy of science, and a greater openness to topics that are at first glance incomprehensible but very important for the contemporary world.”**

— IF programme visitor

# Opening a Dialogue

**1,565**

visitors

**70**

guests

**28**

programme blocks

**7** students met with **7**

personalities from the Czech media scene at the IF News workshop

More than **2,000**

online views

**4**

inspirational yoga lessons

**14 681**

website views

**3** tutors and **9** participants

in the IF Lab interdisciplinary research project

**5**

topics

**27**

participants of the first Inspiration Forum Participatory Assembly

# Seeking Context

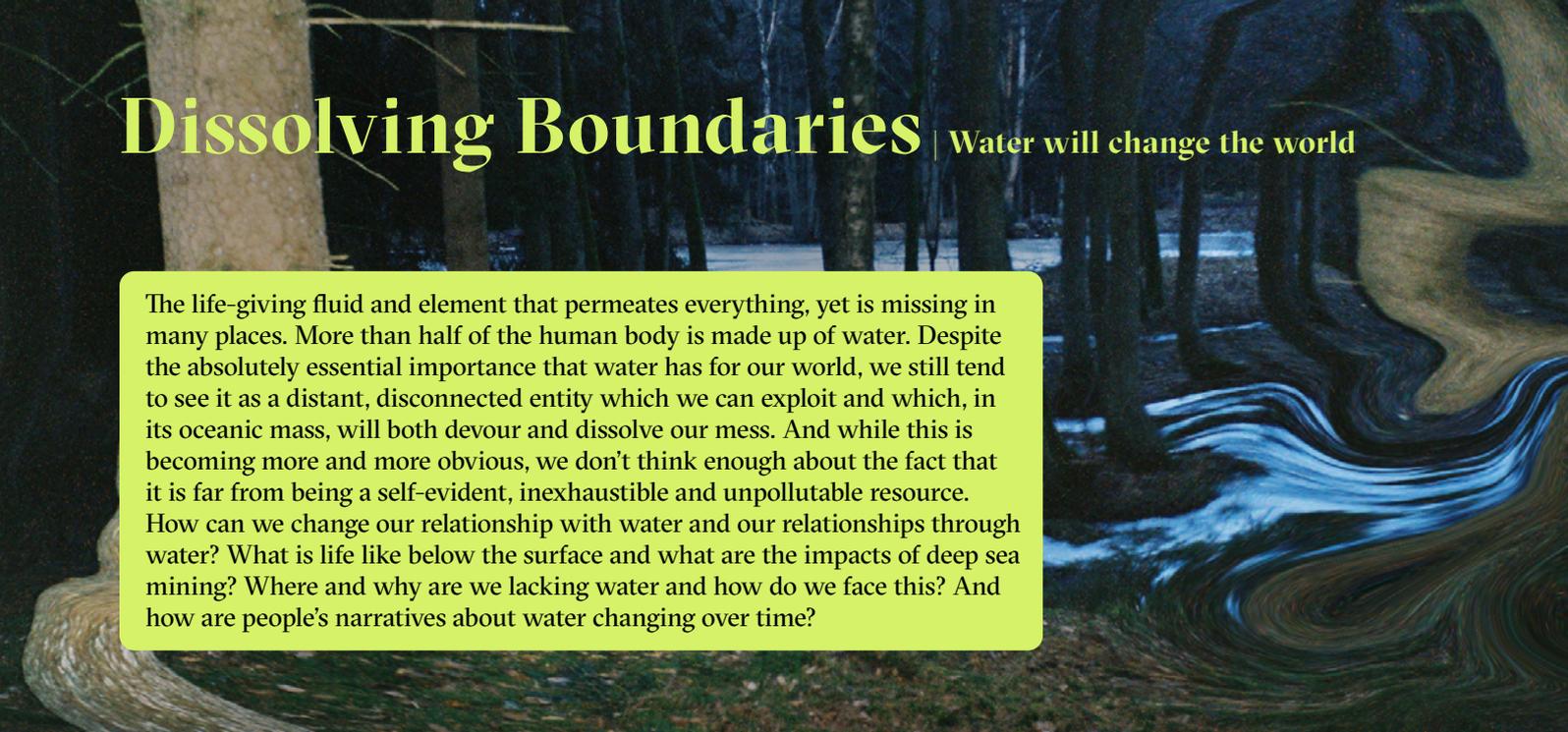
The topics of the Forum reflect the key challenges of our time and inspire openness: towards other people, new perspectives, unusual experiences and new knowledge. We delve into the possibilities for a livable future and a freer and fairer world, and we look for ways in which we can bring this world to life – how to contribute effectively to bringing about personal, civic and political change. This year, within each theme, we've tried to emphasise interconnectedness more than ever before – not only how the current crises and their solutions are related, but also the importance and inevitability of interpersonal relationships and relationships with the more-than-human world.

## Bon Appetit! | The future is local

Food is at the centre of human communities and our individual lives not only as a physiological need, but also as an emotional, social and political phenomenon. Food shapes us not only in a biological-chemical sense, but also in a communal sense – by where we get our food, how we consume it, who we sit down at the table with and what we don't eat, we create and reproduce a network of necessary relationships that can be nurturing and sensitive. Through food, we care for ourselves, those with whom we share it, and the entire more-than-human community in which we are inevitably embedded – from water and soil, insects and livestock to producers, suppliers, vendors, chefs... How do we use food to care for each other and the landscape? Is localism the way?

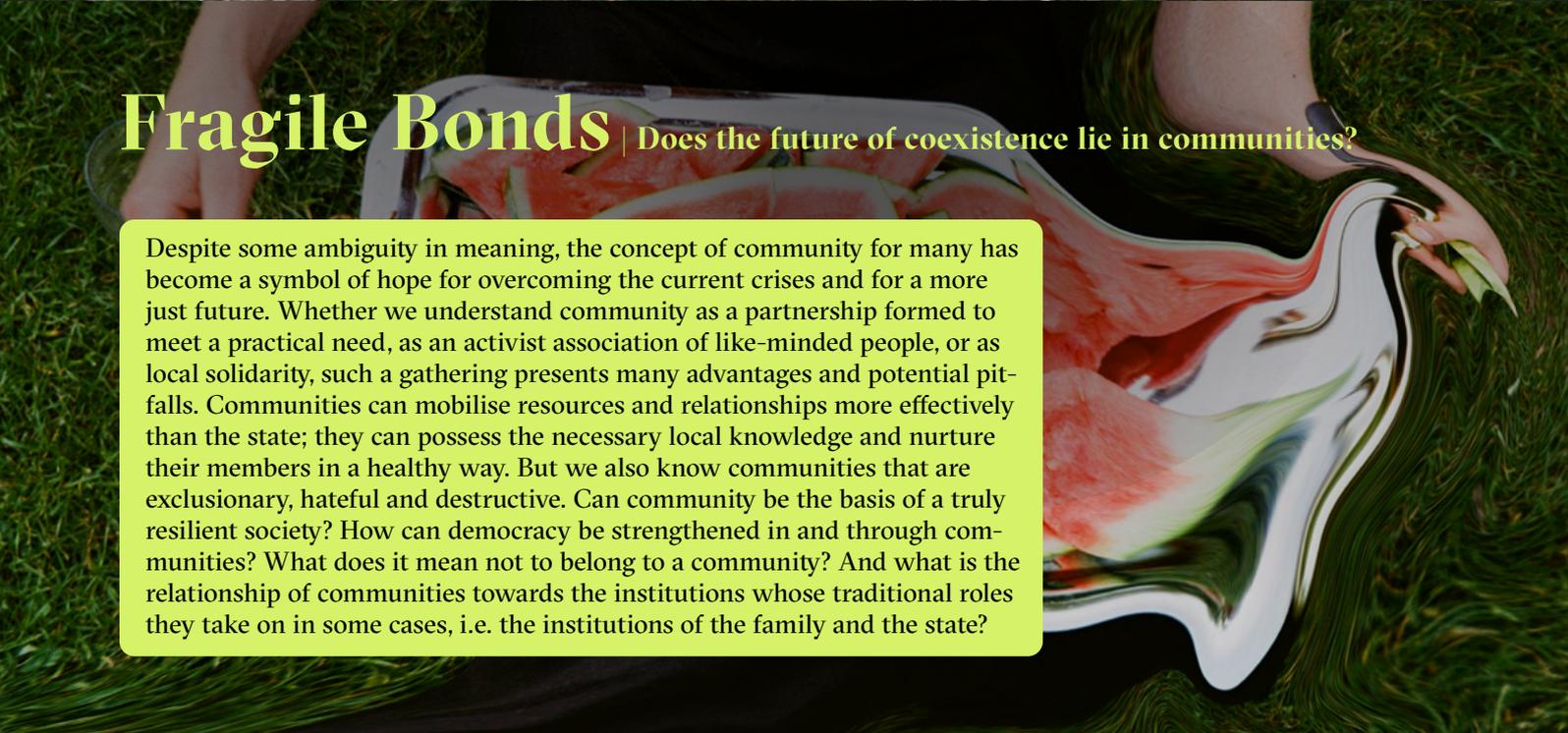
## The Story of the Universe | Back down to Earth

The universe is not only an attractive and mysterious space, but also a site of pragmatic geopolitics, colonisation, capitalization efforts and hopes for expanding humanity's possibilities. While we focus on how to keep our planet livable, we shouldn't lose sight of what's happening beyond its borders. Space exploration can help us address crises down here on Earth. But how can we make it do this when it's currently motivated primarily by profit? Where does the Czech Republic stand on this? What can we learn from deep space and what does space research tell us about life itself?



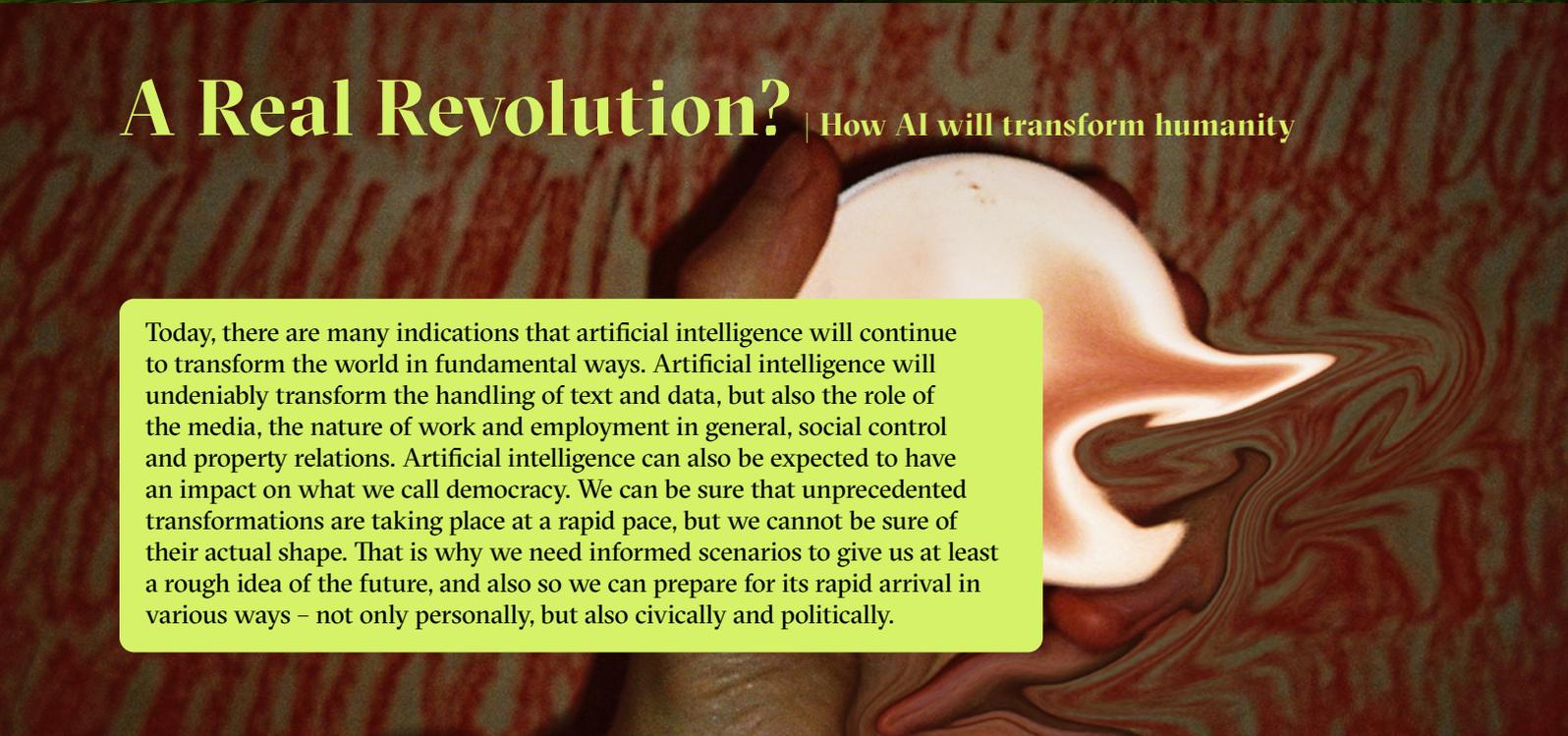
## Dissolving Boundaries | Water will change the world

The life-giving fluid and element that permeates everything, yet is missing in many places. More than half of the human body is made up of water. Despite the absolutely essential importance that water has for our world, we still tend to see it as a distant, disconnected entity which we can exploit and which, in its oceanic mass, will both devour and dissolve our mess. And while this is becoming more and more obvious, we don't think enough about the fact that it is far from being a self-evident, inexhaustible and unpollutable resource. How can we change our relationship with water and our relationships through water? What is life like below the surface and what are the impacts of deep sea mining? Where and why are we lacking water and how do we face this? And how are people's narratives about water changing over time?



## Fragile Bonds | Does the future of coexistence lie in communities?

Despite some ambiguity in meaning, the concept of community for many has become a symbol of hope for overcoming the current crises and for a more just future. Whether we understand community as a partnership formed to meet a practical need, as an activist association of like-minded people, or as local solidarity, such a gathering presents many advantages and potential pitfalls. Communities can mobilise resources and relationships more effectively than the state; they can possess the necessary local knowledge and nurture their members in a healthy way. But we also know communities that are exclusionary, hateful and destructive. Can community be the basis of a truly resilient society? How can democracy be strengthened in and through communities? What does it mean not to belong to a community? And what is the relationship of communities towards the institutions whose traditional roles they take on in some cases, i.e. the institutions of the family and the state?



## A Real Revolution? | How AI will transform humanity

Today, there are many indications that artificial intelligence will continue to transform the world in fundamental ways. Artificial intelligence will undeniably transform the handling of text and data, but also the role of the media, the nature of work and employment in general, social control and property relations. Artificial intelligence can also be expected to have an impact on what we call democracy. We can be sure that unprecedented transformations are taking place at a rapid pace, but we cannot be sure of their actual shape. That is why we need informed scenarios to give us at least a rough idea of the future, and also so we can prepare for its rapid arrival in various ways – not only personally, but also civically and politically.

# Connecting Different Worlds

## The audience is our partner in the discussion

We place emphasis on the audience's engagement in the discussion and always provide sufficient space for them to interact with the Forum's speakers. We value feedback from our visitors and take it seriously.

"I take away information and hope that the situation may improve."

"I don't choose my programme according to specific topics – I have a long-standing trust in the programming of the Inspiration Forum."

"Great atmosphere and wonderful way to relax!"

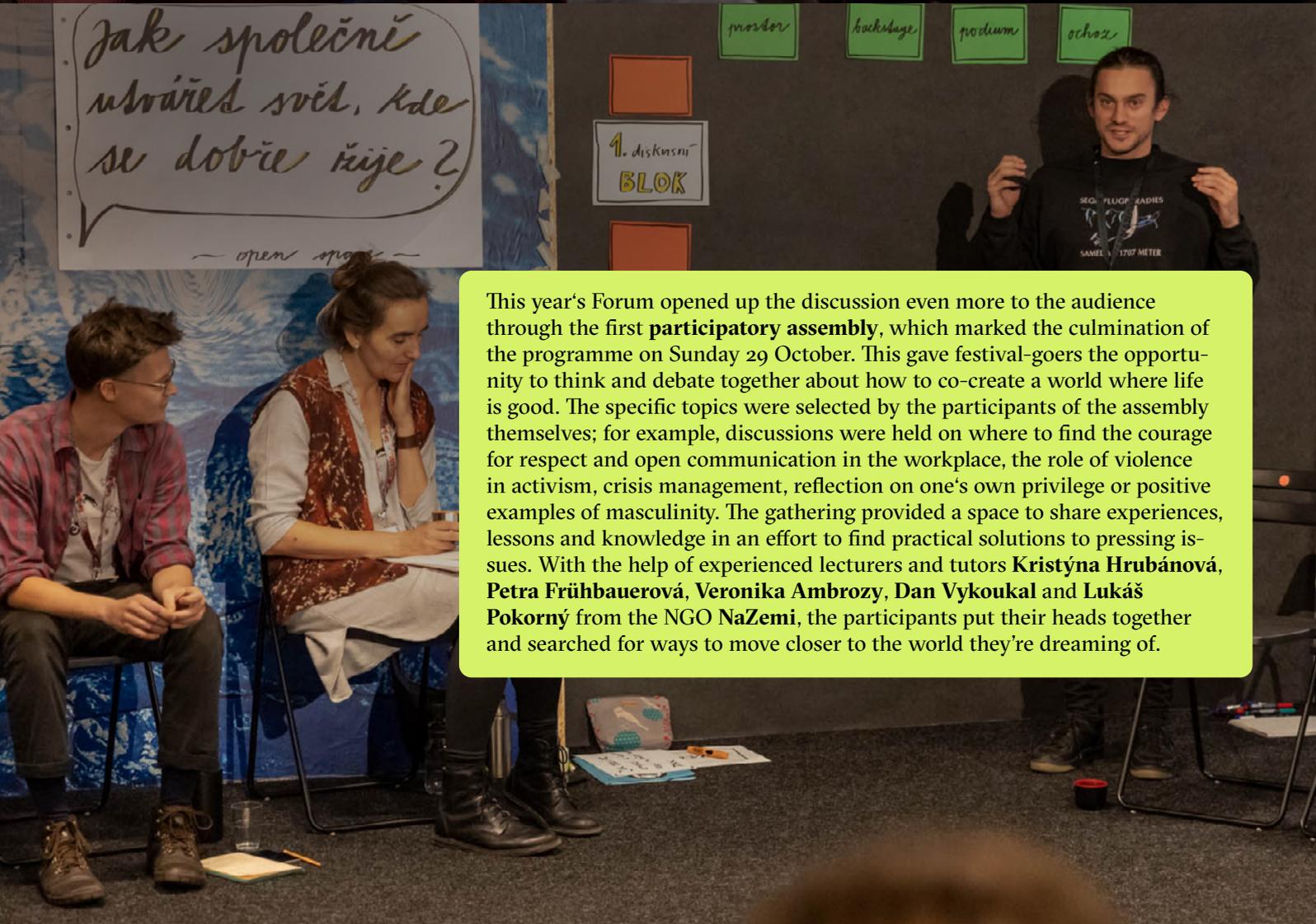
"What I take away from the program is that it's important to do what I can – and really do it; to expose my vulnerability verbally and guard my assumptions about the perfection of my surroundings."

"I take away an awareness of the importance of bringing the topic of ecology into schools."

"What do I take away from the programme? Ask to be paid for the work you do!"

The audience of the Inspiration Forum consists of **festival visitors** (people of all ages with a higher education and interest in social issues and culture), **film professionals** from all over the world (directors, producers, distributors, sales agents, film critics, representatives of film festivals, students of film schools), **local people** from Jihlava and its surroundings and **internet users** interested in social issues.

# Putting Our Heads Together



This year's Forum opened up the discussion even more to the audience through the first **participatory assembly**, which marked the culmination of the programme on Sunday 29 October. This gave festival-goers the opportunity to think and debate together about how to co-create a world where life is good. The specific topics were selected by the participants of the assembly themselves; for example, discussions were held on where to find the courage for respect and open communication in the workplace, the role of violence in activism, crisis management, reflection on one's own privilege or positive examples of masculinity. The gathering provided a space to share experiences, lessons and knowledge in an effort to find practical solutions to pressing issues. With the help of experienced lecturers and tutors **Kristýna Hrubánová**, **Petra Frühbauerová**, **Veronika Ambrozy**, **Dan Vykoukal** and **Lukáš Pokorný** from the NGO **NaZemi**, the participants put their heads together and searched for ways to move closer to the world they're dreaming of.

# Discovering New Perspectives

**Sara Imari Walker (USA)**

*theoretical physicist and astrobiologist*

Sara Imari Walker's work is primarily concerned with the question of whether there are „laws of life“ that could universally describe life on Earth and on other planets. The aim of her research programme is therefore to understand what new laws of physics might be discovered, how the living arises from the non-living, and how we might recognise life. She is based at Arizona State University, where she leads a research team that investigates the origin, laws and possible forms of life.

**Natalie B. Treviño (UK)**

*critical theorist of the cosmos and researcher*

In her work on the coloniality of space exploration, Natalie B. Treviño draws on archaeoastronomy, which explores the astronomical knowledge of ancient civilizations and indigenous communities. She also draws on the traditions of decolonial thought, feminist ecology and Zapatista philosophy, and believes in space exploration which at its core has the desire not to mine the universe but to experience it.

**Jan Sowa (Poland)**

*sociologist and cultural theorist*

Jan Sowa covers a wide range of topics from populism to cryptocurrencies and postcolonialism. He is best known for his work on modernity and the modernisation of the (semi-)peripheries of the capitalist world-system. From 2016 to 2019, he was a member of the Cultural Studies Commission of the Polish Academy of Sciences. He is currently a professor at the Academy of Fine Arts in Warsaw.



**Patricia Esquete (Portugal)**

*marine biologist*

Patricia Esquete is based at the University of Aveiro, Portugal, where she studies the biodiversity of different marine and freshwater ecosystems, from tropical rainforests to the deep sea. Her current research focuses on studying the ecological aspects of deep-sea mining, and she co-leads the Minerals Working Group of the Deep Ocean Stewardship Initiative. She is also interested in the decolonization of science and the intersections of knowledge systems from an anthropological perspective.

**Andri Snær Magnason (Iceland)**

*writer and documentary filmmaker*

Andri Snær Magnason's work ranges from poetry to nonfiction, children's literature, science fiction, theatre and documentary film. His main focus is on environmental issues. In his latest book, *On Time and Water*, he seeks a new language to explain the climate crisis through science, family stories and mythology. In *Dreamland* (2009), he explores the exploitation of the Icelandic landscape for commercial purposes in a foreshadowing of the nearing economic crisis.

**Paris Marx (Canada)**

*critic of the tech-industry*

Paris Marx is a columnist and writer on technology and its relationship to today's social issues. He is the author of the podcast *Tech Won't Save Us*, in which he has been giving a behind-the-scenes look at the tech industry and challenging established narratives about technology since 2020. He has a degree in urban geography and a background in transportation, and his book *Road to Nowhere: What Silicon Valley Gets Wrong about the Future of Transportation* was published in 2022.



### **Enthusiasm Won't Pay the Rent (Czech Republic)**

*Initiative of cultural journalists*

Anežka Bartlová, art critic, Miloš Hroch, music publicist, and Táňa Zabloudilová, publicist, spoke at the Forum on behalf of the initiative, which strives for decent working conditions for cultural journalists and provides a space for sharing their experiences.

### **Cyber\_nymphs (Poland)**

*hydrofeminist art duo*

**Justyna Górowska** (WetMeWild) and **Ewelina Jarosz** (Underwater\_activist) have been collaborating as the artistic and research duo *cyber\_nymphs* since 2021. Their aim is to bring elements of fun, sensuality and diversity to the so-called blue posthumanities and blue environmental art. They advocate for a transdisciplinary approach that bridges the new humanities and marine sciences, and delve into digital art and environmental technologies as potential means to amplify environmental messages. In 2023, they launched the Hydrosexual Movement in the Arts with the publication of a manifesto in an effort to foster a community of artists, academics and activists who share their cross-disciplinary approach to water.



**Barbora Baronová**, publisher, **Luca Bertuzzi**, journalist, **Michal Burda**, bistro manager, **Jan Cibulka**, data journalist, **Heda Čepelová**, sociologist, **Ieva Česnulaitytė**, political analyst, **Pavel Drdel**, chef, **Soňa Ehlerová**, astronomer, **Stanislav Fort**, AI developer, **Jan Freidinger**, environmentalist, **Monika Hanych**, lawyer, **Šárka Homfray**, trade union lawyer, **Václav Hradilek**, hydrologist, **Sarah Komarová**, analyst, **Alice Koubová**, philosopher, **Ondřej Lánský**, sociologist, **Lukáš Likavčan**, philosopher, **Dušan Majer**, popularizer of cosmonautics, **Hajira Maryam**, Amnesty International's media manager, **Vendula Menšíková**, coordinator of the Network to Protect Democracy Initiative, **Eva Nováková**, politician and activist, **Josef Patočka**, researcher and publicist, **Petra Tajovský Pospěchová**, foodblogger, **Josef Sklenář**, biofarmer, **Kateřina Smejkalová**, political scientist, **Aleš Svoboda**, astronaut, **Vladimír Turner**, interdisciplinary artist, **Ondřej Vavrečka**, filmmaker, **Jana Věbrová**, songwriter, **Kateřina Vondráková**, member of the Silo Jihlava Community Centre, **Lucie Ráčková**, anthropologist, and others.

Our guests  
about IF

# Building a Community

inspirační  
fórum  
24.–29. 10.  
2023

“I have a million positive things to say! Starting from the concept, the organisation and the execution, and the very interesting topics. I think it’s a format that really works to engage people in very important conversations about the fascinating topics of our world today.” | **Patricia Esquete**, *marine biologist*

“Thanks again so much for having me speak at the Forum! I really had a fantastic time getting to know everyone in Jihlava.” | **Paris Marx**, *author of the podcast Tech Won't Save Us*

“For us – on behalf of the Resilient Society – it was an amazing experience!!! Thank you so much for the opportunity. The three of us up on the stage also had some great discussions during the programme.” | **Barbora Baronová**, *literary documentarist and publisher*

“I appreciate you inviting me, it was inspiring in all senses of the word. (...) This year’s Inspiration Forum seemed to me to be perfectly thematically put together – you hit the topics that are not only moving society, but literally shaking it up.” | **Petra Tajovský Pospěchová**, *journalist and foodblogger*

“We were thoroughly inspired by the talks within our program block, particularly the discussions that ventured beyond the traditional humanistic field, delving into the context of law in deep mining.” | **cyber\_nymphs**, *hydrofeminist art duo*

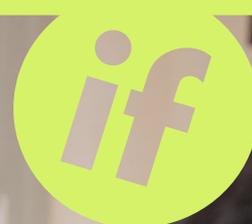
“For me it opened new possibilities of self-expression. (...) Thank you for the opportunity to undergo this self-retrospection.” | **Jana Věbrová**, *songwriter*

“I really loved and enjoyed it. The films, their subjects, the whole organisation was fantastic and very welcoming.” | **Hajira Maryam**, *Amnesty International’s media manager*

# Crossing Disciplinary Boundaries

## Inspiration Forum Lab 23/24 – Bodies of Water

Every two years, the Inspiration Forum organises the Inspiration Forum Lab, an interdisciplinary research program designed to provide a space where artists and scientists can meet and collaborate to create research-based multimedia art projects. The aim is to combine scientific and artistic language and find ways of expression that can communicate with audiences beyond the boundaries of either of these two worlds. The theme of the second edition is Bodies of Water, and the programme asks how water can guide us in finding solutions to pressing environmental problems through its ability to connect the human dimension of existence with other forms of life. The tutors for this year's Inspiration Forum Lab are Lenka Hámošová and Barbora Kleinhamplová, who are accompanied by Jurij Krpan.





# Giving Space To Young Voices

inspirační fórum  
24.-25. 10.



As part of the IF News workshop this year, seven aspiring journalists were involved in the production of the festival's media outputs. The aim of the workshop is to introduce students of journalism and related disciplines to the basics of festival writing and online content production, to provide them with the opportunity to learn in depth about the key issues of contemporary media space, to inspire them to reflect on current IF topics and to facilitate meetings and discussions with the most prominent personalities of the Czech media scene.

This year, the participants met with **Klára Odstrčilová**, a PhD student and researcher at IKSŽ FSV UK, to discuss with her the approach of Czech newsrooms to young journalists; **Štěpán Sedláček**, a journalist, who shared with them his experience with working in the editorial office of Respekt weekly magazine and creating podcasts; and **Klára Votavová**, to talk with her about how to start writing and that the paths to journalism aren't necessarily direct ones. With **Hynek Trojánek**, they attended a lesson focused on writing about AI in the context of human rights, and with journalists from the initiative Enthusiasm Won't Pay the Rent **Anežka Bartlová**, **Miloš Hroch** and **Taňa Zabloudilová**, they talked about the conditions in Czech cultural journalism, how to demand decent remuneration for their work and how to write about culture and not burn out.

We've published the student outputs at @inspiracni\_forum, and in 2024 you'll be able to read them in our newsletters or find them at [inspiracniforum.cz](http://inspiracniforum.cz).

"The workshop is a great place to meet new and inspiring people."  
"I really enjoyed the morning coffee meetings. It was very pleasant to talk informally with the journalists. I also had a very good feeling of getting to know other workshop alumni who I probably would never have met otherwise."

# Caring For The Views Of Those Who Own The Future

Ji.hlava Vibes is a cross-sectional programme for high-school students aged 15 and above, which this year for the second time introduced the topics of the Forum to adolescents in a fun and accessible way. The young audience had the opportunity to get acquainted with the topic of communities during the Vibes inspirational symposium hosted by **Jan Špaček** and featuring **Hana Zoor Svačinková** and **Nicolas Kourek** from the Silo Jihlava Community Centre, student **Magdaléna Jedličková** and **Šárka Rauchová** from Česko.Digital. **Pepuna Chaloupková** and **David Bolecha**, who recorded the podcast *Podvlíkačky nesvlíkneš* as part of Vibes, also addressed communities from a mental health perspective. The high school visitors had the opportunity to think about water and the climate crisis with **Adéla Homolová**, **Josef Bártl** and **Jakub Nekvasil** from the project *Živá voda*. **Ondřej Hrách** from the Aignos educational project and **Eva Nečasová** from the AI for Children initiative explained how artificial intelligence works and where it is used. The creative abilities of AI were then tested by TikTok poet **Anna Smetanová** (Ena) in a slam poetry duel with ChatGPT.

Poskytujeme sociální služby:

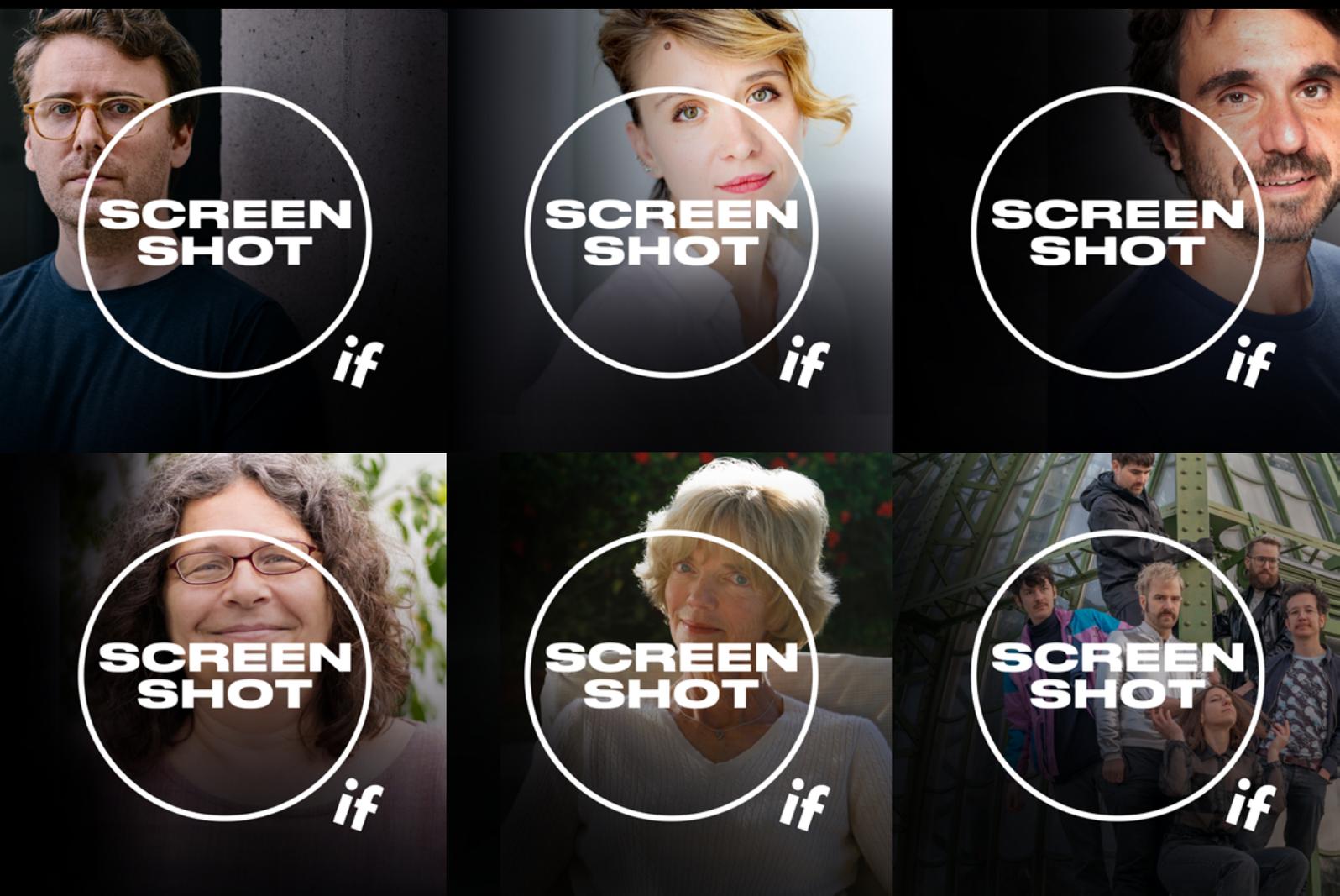
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# The Best Of the Forum In a Podcast

The Inspiration Forum's Screenshot podcast series brings you the most interesting thinking from around the world. The author of the fourth series is writer, screenwriter and columnist Klára Vlasáková. In each of the six episodes, she develops the themes and questions opened up by the Forum in 2022 together with local experts. The fourth series takes the audience through the diverse corners of the present – with Ukrainian documentary filmmaker Alisa Kovalenko through the war front, with the art collective Total Refusal through the alternative world of computer games, and with neurophilosopher Patricia Churchland through the inner workings of the human brain. Other pieces present the possibilities of non-growth through the eyes of ecological economist Giorgos Kallis, Miki Kashtan's approach to non-violent communication, and writer Ben Tarnoff's critical look at the evolution of the internet. This special episode presents recordings of selected discussions from last year's forum in their original versions.

The previous series presents the programme of the past years of the Forum from the perspective of anthropologist Lukáš Senft, political scientist Kateřina Smejkalová and documentary filmmaker Ivo Bystřičan. All episodes are available for listening on our website, on the website of Deník Referendum and on Apple Podcast, Google Podcast and Spotify. We will launch the fifth series of Screenshot in spring 2024.



# We're Bringing Our Topics Into The Media Space



Hledat pořad nebo díl...



Přihlásit se



**ČTK:** [This year's Ji.hlava documentary festival will also focus on local recipes, 20 June 2023](#)

**Právo:** [The festival has started collecting recipes, print, Jižní Morava – Vysočina, 21 June 2023, Jana Pechová](#)

**Business Doc Europe:** [Ji.hlava New Visions: Call for European projects; fest unveils 2023 visuals, 28 June 2023, Nick Cunningham](#)

**Jihlavské listy:** [Focusing on food, the festival will explore the world's threats, 16 August 2023, Jiří Varhaník](#)

**Modern Times Review:** [Ji.hlava IDFF announces first 2023 programme details, 12 September 2023](#)

**Business Doc Europe:** [Ji.hlava IDFF unveils programme for its 27th edition, 12 October 2023, Nick Cunningham](#)

**Nový Prostor:** [Ji.hlava Documentary Festival: We want everyone to participate in the discussion about our world, print, 13 October 2023, Alžběta Ruschková](#)

**FULLMOON:** [Ji.hlava IDFF 2023: food, space, water, communities, artificial intelligence, 16 October 2023, editorial](#)

**FULLMOON:** [Tereza Swadoschová \(Inspiration Forum, Ji.hlava IDFF\), print, #150: Do černého, 10/2023](#)

**Cineuropa:** [The Ji.hlava International Documentary Film Festival captures a world in transformation, 19 October 2023, Martin Kudláč](#)

**Stisk:** [Our goal is to look for ways to contribute to a fairer world for all, says the organiser of the Jihlava Documentary Festival, 21 October 2023, Anna Šimůnková](#)

**Kult:** [Marek Hovorka: I would like this year's Ji.hlava to be welcoming, open and inspiring, 23 October 2023, editorial](#)

**Deník N:** [To be aware of and think about the transformation of the world and to be able to make fun of it. The Jihlava Documentary Film Festival begins, 24 October 2023, Lucie Procházková](#)

**ČRo Wave Plus:** [Czech Radio Plus will offer an interview with a young scientist and a debate on Major Zeman and the Mašín brothers at the documentary festival in Jihlava, 24. October 2023, Ivana Chmel Denčevová](#)

**ČRo:** [Documentary film is cinema's water of life, says the director of IDFF Ji.hlava, Interview Plus, 25 October 2023, Šárka Fenyková](#)

**Česká televize:** [Andri Snaer Magnason – interview, Události, komentáře, 26 October 2023, editorial](#)

**Salon Práva:** [How not to fall for promises. An interview with Canadian technology expert Paris Marx, 31 October 2023, Kateřina Smejkalová](#)

**ČRo Wave:** [The seabed as a promise of a low-carbon future? At the cost of losing wondrous ecosystems, Podhoubí, 31 October 2023, Ondřej Šebestík](#)

**Filmnueurope:** [27th Ji.hlava / Awards and outcomes, 31 October 2023](#)

**Respekt:** [That which does not change is dead. That's why we need stress, 4 November 2023, Ondřej Kundra](#)

**ČRo Plus:** [Imagine an Einstein who can work for a dollar a day, and scale him up a million times, AI scientist Fort describes the economy of work, Osobnost Plus, 10 November 2023](#)

**Deník N:** [I do ten minutes of gratitude meditation a day and I'm no longer embarrassed about it, says young scientist who wants to go to the moon and Mars, 29 November 2023, Renata Kalenská](#)

**Eknews:** [The extraction of minerals from the seabed should also be of interest to the Czechs. The ocean is essential for life, says biologist, 30 November 2023, Karolína Chlumecká](#)

## Události, komentáře



## Festival dokumentů Ji.hlava: Chceme, aby se každý mohl zapojit do diskuze o našem světě

Už po sedmadvacáté se na konci října koná Mezinárodní festival dokumentárních filmů IDFF Ji.hlava. A Nový Prostor o tomto festivalu tentokrát nebude chybět.

...festival nás po dlouhých letech přivádí k otázce, jak se máme vyrovnat s klimatickou krizí pomocí vyvíjených technologií, co už máme k dispozici, začali reálné řešení kanadský kritik moderních technologií, který byl hostem jihlavského dokumentárního festivalu.

...ačkoli, aby se našim filmem prokázalo, že dokáže oslovit širokou veřejnost, je třeba se zaměřit na kvalitativní stránku filmu. To je právě ten důvod, proč jsme se rozhodli, že se zaměříme na kvalitativní stránku filmu. To je právě ten důvod, proč jsme se rozhodli, že se zaměříme na kvalitativní stránku filmu.

...přijetí kavárny...  
...přijetí kavárny...  
...přijetí kavárny...

## Quotes from the media

“One of the themes at this year’s 27th International Documentary Film Festival Ji.hlava (IDFF) will be food. ‘It is food that can be used to show how fundamentally our world has changed in recent years and what direction this change is taking,’ argues festival director Marek Hovorka. Therefore, food will be the main theme of the festival’s Inspiration Forum section, the essence of which will lie in discussions with prominent personalities from various fields and backgrounds around the world.”

— **Jihlavské listy: Focusing on food, the festival will explore the world’s threats**, 16 August 2023, Jiří Varhaník

“In everything we do, we strive to seek the possibilities of a fairer and freer world and we want our forum to be a lively debate about the present and the future, open to all. (...) I think the forum is a good space to open up issues and get them into the wider media, to engage people with political influence and journalists, and to bring the attention of the wider public to those who maybe are not as well heard and don’t have as much media attention.”

— **Nový Prostor: Ji.hlava Documentary Festival: We want everyone to participate in the discussion about our world**, print, 13 October 2023, Alžběta Ruschková

“Since its foundation in 1997, the International Documentary Film Festival Ji.hlava has long since become one of the most important European events of its kind, and its accompanying programme is also expanding. An integral part of the show is the Inspiration Forum discussion platform, which has evolved from the original series of a few lectures into a separate festival line-up with a busy programme throughout the event. This year’s edition of the Inspiration Forum will focus on the topics of communities, space, water or artificial intelligence, and the festival will also feature the launch of the IF Lab’s year-long interdisciplinary art and research programme Bodies of Water and a workshop for aspiring journalists. Also worth mentioning is the Screenshot podcast that the platform is preparing. Tereza Swadoschová, who started as a volunteer at Ji.hlava IDFF, is behind the current form of the Inspiration Forum.”

— **FULLMOON: Tereza Swadoschová (Inspiration Forum, Ji.hlava IDFF)**, print, #150: Do černého, 10/2023

„The deep plains are seemingly empty. But according to research on the seabed, their biodiversity is in fact enormous. ‚There are estimates that more species of organisms live in the first centimetre of sediment than in the rainforest. This first layer would be disturbed, removed, overturned and destroyed,‘ says the marine biologist.“

— **ČRo Wave: The seabed as a promise of a low-carbon future? At the cost of losing wondrous ecosystems**, Podhoubí, 31 October 2023, Ondřej Šebestík

“I fear that we are too focused on developing new technologies to help us solve the climate crisis instead of taking real action with the technologies we already have,’ says Paris Marx, a Canadian critic of modern technology who was a guest at the Inspiration Forum of the Jihlava Documentary Festival.”

— **Salon Práva: How not to fall for promises. An interview with Canadian technology expert Paris Marx**, 31 October 2023, Kateřina Smejkalová

With researcher Lucie Ráčková on coping with stress, gratitude and the wondrous effects of Antarctica.

“It struck me that who you are, how you cope with different conditions around you, is very much influenced by your mother’s situation when she was expecting you. (...) I’ll give you an example: a pregnancy is perfectly fine, but the child is born into a situation where there is hunger, war, danger all around. An individual who has been exposed to some stress during pregnancy through his mother is better prepared. He has a more sensitive nervous system, he can work with the fact that the world is a dangerous place. Or, conversely, if someone has been exposed to stress in the mother’s body and is born into a nice environment, they may exhibit various disorders, they may find it harder to control themselves, yet it’s not their fault.”

— **Respekt: That which does not change is dead. That’s why we need stress**, 4 November 2023, Ondřej Kundra

“I think the future of humanity with artificial intelligence is very bright,’ says Stanislav Fort, a graduate of Cambridge and Stanford universities. He recently joined Stability AI for a time as director of large language model research and development, and Forbes magazine included him in its 30 Under 30 list.”

— **ČRo Plus: Imagine an Einstein who can work run for a dollar a day, and scale him up a million times, AI scientist Fort describes the economy of work**, Osobnost Plus, 10 November 2023

# Library Of Ideas And Thoughts

The brand new Inspiration Forum website is a library of ideas and thoughts that have sprung from the Inspiration Forum over the years. It offers a range of videos, podcasts and texts and brings together a community of speakers, collaborators and participants of workshops.

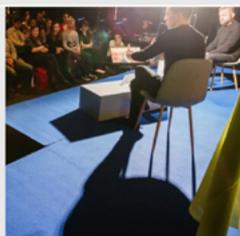
Database

## Inspiration Forum

CS Menu



**Christmas Book List**



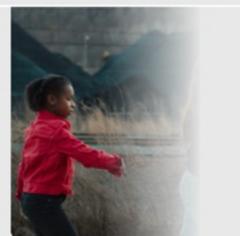
**Inspiration Forum 2023 – Food, Space, Water, Communities and Artificial Intelligence**



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**In discussion with film: a guide to the film programme of this year's Ji.hlava IDFF**

# Texts

Collection of essays, interviews, and poems.

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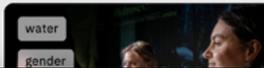
**EU vs. AI**  
Klára Votavová  
Monika Hanych  
Hajira Maryam...



**Jan Sowa**  
essay



**Coloniality in Space**  
Petr Boháček  
Natalie B. Treviño



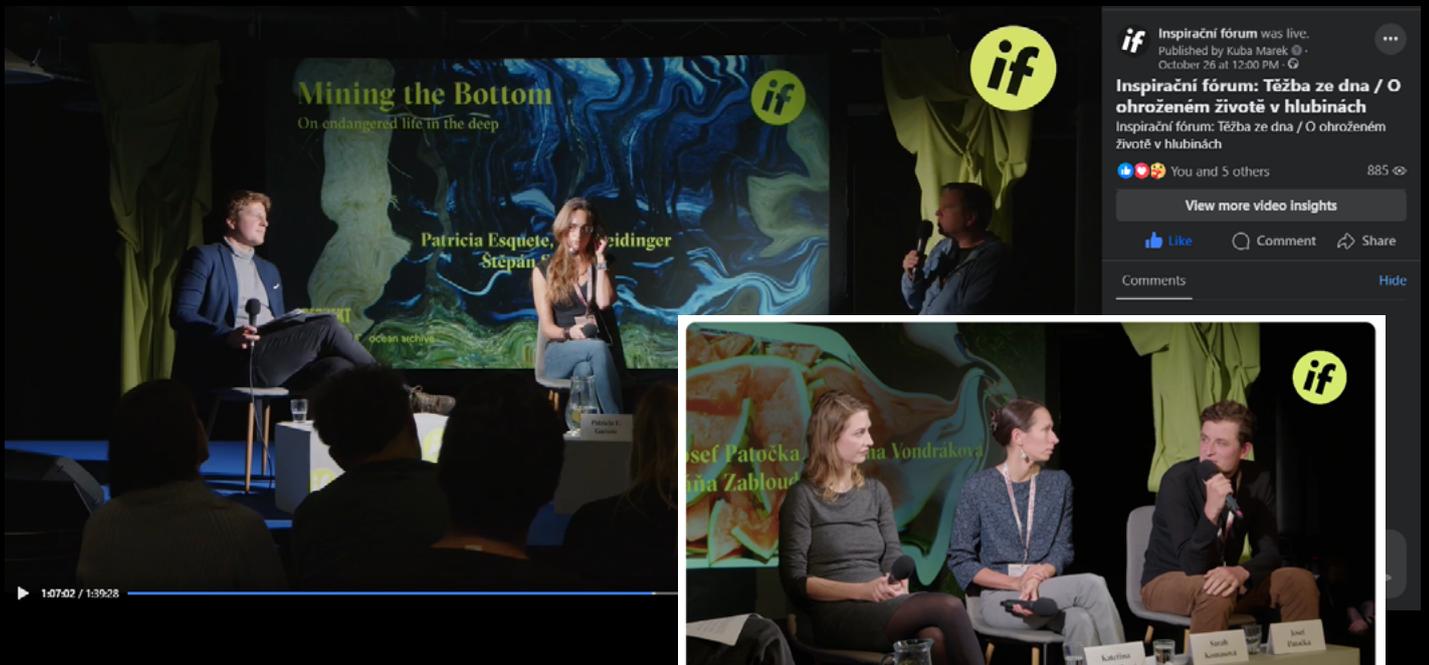
water gender



water climate crisis

# Inspiration All The Way To Your Home

We're bringing a selection of the best debates, talks and presentations from this year's Forum to the audience via live online streams or as part of the online part of the festival. This year, we live-streamed the keynote speech by marine biologist Patricia Esquete and the subsequent debate on the risks of deep sea mining with environmentalist Jan Freidinger. We presented ten more programmes across a range of topics as part of Ji.hlava Online, a follow-up to the six-day festival, featuring a selection of films and debates from the Inspiration Forum for two weeks. This year's Ji.hlava Online had almost 50,000 viewers.



## Inspirační fórum / Video / Detail

IF: Chalupáři\*ky / O českém individualismu (cz)  
Mezinárodní festival dokumentár...  
1.48k subscribers



# Inspiration Forum's 2023 Partners

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## IF Team



Tereza Swadoschová – programme, strategy, management  
Iveta Černá – coordination of the Forum & IF Lab  
Šárka Hučíková – research & editing, coordination of IF News  
Magdaléna Michlová – production & partnerships  
Veronika Michalčíková, Anna Šimůnková – interns  
Terezie Hrušková – guest service